

YEAR 1 - PSHE/RSHE - CLASS PLAN

AUTUMN	KEEPING/STAYING HEALTHY UNIT CORE COMPREHENSIVE TOPICS What I Know Now Washing Hands OPTIONAL RESOURCES Washing Hands Extension Healthy protection and prevention - Simply RSHE	COMPUTER SAFETY UNIT CORE COMPREHENSIVE TOPICS What I Know Now Online Bullying OPTIONAL RESOURCES Online Bullying Extension Wellbeing online - Simply RSHE	KEEPING/STAYING SAFE UNIT CORE COMPREHENSIVE TOPICS What I Know Now Road Safety OPTIONAL RESOURCES Road Safety Extension Personal Safety - Simply RSHE
	RELATIONSHIPS UNIT CORE COMPREHENSIVE TOPICS What I Know Now Friendship OPTIONAL RESOURCES Friendship Extension Caring friendships - Simply RSHE	A WORLD WITHOUT JUDGEMENT UNIT CORE COMPREHENSIVE TOPICS What I Know Now Democracy OPTIONAL RESOURCES Democracy Extension Respectful, kind relationships - Simply RSHE	FEELINGS AND EMOTIONS UNIT CORE COMPREHENSIVE TOPICS What I Know Now Jealousy OPTIONAL RESOURCES Jealousy Extension General wellbeing - Simply RSHE
	OUR WORLD UNIT CORE COMPREHENSIVE TOPICS What I Know Now Growing In Our World OPTIONAL RESOURCES Growing In Our World Extension Developing bodies - Simply RSHE	BEING RESPONSIBLE UNIT CORE COMPREHENSIVE TOPICS What I Know Now Water Spillage OPTIONAL RESOURCES Water Spillage Extension Personal Safety - Simply RSHE	FIRE SAFETY UNIT CORE COMPREHENSIVE TOPICS What I Know Now Hoax Calling OPTIONAL RESOURCES Hoax Calling Extension Basic first aid - Simply RSHE
SUMMER			