P.E. Infants Overview Plan 2025-2026

TERM	Reception	YEAR 1	YEAR 2	YEAR 3
1 (7 weeks)	Physical Development	Attack, defend, shoot	Dance	Basketball Gymnastics
2 (7 weeks)	Physical Development	Dance	Group games	Football OAA
3 (6 weeks)	Physical Development	Send & return	Gymnastics	Hockey Badminton
4 (6 weeks)	Gymnastics	Gynmnastics	Send & return	Tag Rugby Dance
5 (5 weeks)	Physical Development	Hit, run, catch	Hit, run, catch	Rounders Handball
6 (7 weeks)	Physical Development	Run, jump, throw	Run, jump, throw	Athletics Cricket